



News you can use

December 2022

HELPFUL RESOURCES

Letter to Santa

Christmas is often a very exciting time of the year and for those kids who still believe in Santa, this can be a great motivator to get them to practice their writing skills. Below is a link to a great PDF resource (Letter to Santa) developed by some Canadian OT's. It uses some great writing strategies to progress kids from tracing to independent writing.

[Letter to Santa](#)

School Holiday Ideas

It can be hard to come up with ideas or activities to keep the kids busy over the holidays, luckily the mum army is very prepared, and I recently was shown by a parent the website 'Perth is OK' which posts lists of activities and events that are happening around Perth. It's a great place to start if you are wanting to know what is happening and what could be engaging for your child. I like that they include budget friendly and no cost options too. Below is the link to the holidays list if you're interested. If you are worried about how your child may cope or participate you can always discuss strategies before you go with your therapist.

[What's On These School Holidays?](#)



Messages From Santa

A family has recently shared with me an app that they use to make their son a message from Santa. The app is called Portable North Pole (PNP) and allows you to make a video message from Santa. It is a free app but has paid features for things like phone calls and unlimited messages. It's available in the google play store and apple store.

WHAT'S HAPPENING

Merry Christmas!

It's that time of year again and we hope that you and your family are looking forward to a nice long break. We have loved working alongside you over the past six months and look forward to continuing into the new year.

Rate Review and Changes for 2023

We have been receiving ongoing feedback from families and plan managers regarding our clinical rate of \$179.99. Some of the feedback included difficulty with quickly budgeting your child's funding over 12 months and rounding errors when calculating travel. In response to this we have made the decision to change our clinical rate from \$179.99 to \$180. This rate is a 1 cent increase; however, it should reduce the time to manage funding considerably. We are looking at implementing this change from the 1st of January 2023. If you have concerns or would like to discuss this rate increase, please email Tanya at accounts@resilientkidstherapy.com.au

School Holiday Groups

As previously discussed, we will be running three groups over the school holidays (Pokemon, LEGO, Minecraft). These are interest-based groups with social skill outcomes embedded to support skill development in communication, problem solving and developing friendships. Numbers will be capped at 4 clients per group and the group will run for three sessions over three weeks. See the attached registration form for more details and how to register. Registrations will close by COB on Thursday December 22nd

MEET JJ

Hi, I'm JJ, senior Occupational Therapist and LEGO enthusiast. I have 10 years' experience working with children with Autism. And a life-long passion for seeing kids achieve their potential.



I believe in strengths based, functional therapy that is evidence based and driven by each family's hopes and dreams for their child. I have a strong interest in supporting with complex behaviours and believe that no matter how challenging a situation appears, things can and will look different in the future.

Outside of work I am the lucky husband to my wife Emily, and father to our gorgeous daughter Elsie, and our cheeky Spoodle Molly. I very much see the trust you place in Resilient Kids as an extension of a therapy family, and am very grateful for the opportunities to share in your lives.