



# News you can use

SEPTEMBER 2022

## HELPFUL RESOURCES

### WA COMPANION CARD

With the school holidays coming up you may be considering some family activities and day trips. If you haven't considered getting a WA Companion Card, its time! The WA Companion Card is a free card for those who have a significant permanent disability and require 'attendant care support.' Card holders can show the card when purchasing tickets at places like AQWA, Perth Zoo and the movies, and they will allow the 'attendant/carer' to enter for free. They also have a family key to change rooms and toilets around Perth that are quieter and accommodate for high care needs. Follow the link for more information and if you'd like to proceed, Andy and I can help by filling in the healthcare provider section. <https://www.wacompanioncard.org.au>

### SENSORY FRIENDLY FLICKS



**SENSORY FRIENDLY FLICKS**

Sensory Friendly Flicks provides an adapted environment to support children with Autism and children with additional needs and their families

- Lighting is dimmed
- Sound is lowered
- Volunteers watching the exits
- Special dietary foods allowed (except hot food & yoghurt)

**ALL INCLUSIVE EVENT FOR FAMILIES**  
Tickets \$6 per person Under 3 Free

**SUN OCT 2nd - 10am**  
WARWICK & BUNBURY

**GRAND cinemas**

Purchase tickets online today [www.grandcinemas.com.au](http://www.grandcinemas.com.au)  
[www.facebook.com/sensoryfriendlyflicks](http://www.facebook.com/sensoryfriendlyflicks)

## WHAT'S HAPPENING

Hi Families!

Welcome to the first edition of the Resilient Kids Therapy newsletter 'News you can use.' We look forward to putting out a newsletter every month with some important updates, helpful resources, and monthly therapy tips. Please take the time to read and provide feedback on what you find helpful and what you'd like to see more of.

A few things have happened over the past few months, and I'd love to share them with you.

First, I'd like to welcome and introduce my colleague, Andrew Diamond, to the Resilient Kids Therapy Team. Andy has a master's degree in occupational therapy and has been working within the Autism field for the past six years. Andy and I will work closely together with Tanya to continue to develop our service and make it the best therapy service for your family.

In more news, we have recently signed a lease for a therapy office in Warwick. This is a big step for us and will allow you to have services delivered on-site as well as lead to us offering group therapy services. I'm very excited to work on a Lego group for the December/January school holidays and we will be offering a wider range over the coming 6-months. We are currently painting and look forward to moving in ready for term 4.



## MONTHLY TIPS

Have you heard of the raising children network? The raising children network is website dedicated to providing accurate and evidence-based advice and resources for informing and supporting parents. One of my favourite links on the website is the parent's guide to therapies. We are passionate about evidence-based practices and would be very happy to respond to any questions you may have. You can also use this to justify supports for your NDIS planning meetings <https://raisingchildren.net.au/autism/therapies-guide>