



News you can use

OCTOBER 2022

HELPFUL RESOURCES

THErapy BUDGET TOOL

We have spent a bit of time working on a budgeting tool that will help with planning out therapy sessions across the year and making a budget for how much these services may cost. We are hoping to use this with everyone in the coming weeks to ensure we are operating within your budget for Resilient Kids.



REFRAMING AUTISM

Reframing Autism is an organisation founded by Dr Melanie Hayworth who recognised that many families with young autistic children could benefit from hearing from autistic adults directly. Their aim is to celebrate and nurture autistic identity and I have recently received some great feedback from a family who attended one of their online courses "Fostering Autistic Wellbeing for Families." The courses are fee payable, but I do encourage you to have a look through their website and see if it may be something your family could benefit from. They also have a range of free resources and articles related to specific topics of interest.

<https://reframingautism.org.au>

KID SPORT WA

If you are looking for sports clubs and activities heading into summer you might consider getting a kid sport voucher. Kidsport enables WA children age 5 - 18 years with a Health Care Card or Pensioner Concession Card to participate in community sport and recreation by offering up to \$150/year for club fees (club must be KidSport approved). You can apply online for free using this link.

<https://kidsport.dlgsc.wa.gov.au/kidsport/apply-for-kidsport-2019-1/>

WHAT'S HAPPENING

We are open!

It's been a great month and we are happy to announce that we have finished setting up our office in Warwick and it's ready for you to come visit. You can request to have meetings and therapy sessions at the office, just speak with your therapist and they will schedule you in. Some benefits of office sessions include; you can go shopping while your child has therapy, have a coffee at Dome or Coffee Club, consider going bowling or to the movies after and it saves on travel charges.



You may have started receiving an email from Tanya with your personalised service agreement. It's an important part of NDIS quality and safeguarding and provides you with specific information related to your child's service delivery. Thanks for being patient while we set this up in the background. Please read through the agreement carefully as our travel and cancellation policy has been updated recently (see attached excerpt). If you have any questions or concerns, please discuss them with your therapist or contact Tanya. We are committed to listening to your feedback and providing you with the best therapy experience.

BABY UPDATE!

As some of you may be aware, my wife and I are expecting the arrival of our first child on November 10th. We are extremely excited and can't wait. As part of preparing for the arrival I wanted to communicate my plans with regards to work. Once the baby is here, I will be taking two weeks off. I plan to return to work at 50% capacity for two weeks, before then returning to fulltime work. This may mean that your child's sessions move to fortnightly for a two-week period. Apologies for the impact it will have on therapy, however, everything should be back to normal for the January holidays and T1, 2023.

MEET ANDY

Hi, I am Andy, I have a masters in occupational therapy and come from a exercise science and sporting background. I am passionate about building strong relationships with the kids I support to ensure that there is a feeling of safety and trust during therapy sessions. I am committed to providing support in a transdisciplinary manner to achieve the best outcomes across all domains of a child's life. A typical session will consist of following a child's lead and using fun and natural opportunities for therapy. When a child is having a tricky time, I love to problem solve and find the "why" behind the behaviour to ensure the best outcomes possible. When not supporting the kids, I am likely to be in a coffee shop with friends, relaxing with my dog (Maple), cat (Ziggy) and fiancé (Tara) or hopelessly trying to develop my golfing skills.

