



# News you can use

May 2023

## HELPFUL RESOURCES

### RKT SOCIAL MEDIA

You can now follow us on [LinkedIn](#), [Instagram](#) and [Facebook](#) where we will be posting some regular updates, tips and strategies for a range of skills and topics. We would love your suggestions and feedback so we can address any questions you may have or discuss skills and topics that interest you.



### MEDICARE REBATES

We have had a few families take advantage of the Medicare rebate scheme for allied health providers. This is a helpful scheme if you are paying privately for therapy or if you wish to access different service types that aren't covered in your NDIS plan, e.g., dietetics, podiatry etc. read the link below for more information.

[Chronic Disease Management Plans](#)

### Carer Gateway

Being a parent is something else. The love we have for our children is not comparable to anything else. We often accept the hard times as par for the course, but there are moments where we might feel overwhelmed. Carer Gateway is an Australian Government program providing free services and support specifically for these times. It can be hard reaching out for support when you are feeling vulnerable, but often times it is easier to paddle our boat when there are more people to paddle.

[Carer Gateway](#)

## WHAT'S HAPPENING

### OUR COMMITMENT TO BECOMING THE BEST OT'S

We wanted to share that we are committed to developing ourselves and becoming the best therapists we can for your family and child. We have recently commenced training in DIR approach through the Profectum Foundation. The course will take a year to complete and will accredit us as DIR-Floortime professionals. We are very excited about this training, which started April 28<sup>th</sup>, and we have already been challenged in how we can improve our approach in supporting you and your child. We will be posting regular updates in this newsletter with what we are learning and include some information sheets to help share what we are learning. Below is the summary of the DIR therapy model from Profectum.

### Developmental, Individual Differences, Relationship-Based (DIR) Model

*The Developmental, Individual Difference, Relationship-based Model, developed by Drs. Stanley Greenspan and Serena Wieder, revolutionized the concept of development. It was the first model to identify the functional emotional developmental capacities that provide the foundation for lifelong learning and relating. DIR training was the first to relate these developmental capacities to the biological/neurological individual differences in sensory processing each person brings to the world. It identified relationships as the pivotal force that nurture and optimize development. Further, it was the first to propose a relationship-based model of comprehensive intervention for autism spectrum and sensory processing disorders focusing on the core deficits of relating and communicating (PROFECTUM, 2023)*

## BILLING & PAYMENT UPDATE FROM TANYA

RKT have a new practice management system to make the admin and invoicing side of things easier. We can even do cool things now like email you progress notes of the session for your child or send you all the upcoming scheduled appointments by email so you have a bit of a plan of what is coming up for the Term. You will now also receive invoices directly from Splose. If you are not receiving invoices from us please reach out to Tanya by email at [accounts@resilientkidstherapy.com.au](mailto:accounts@resilientkidstherapy.com.au) and we will look into this for you. As with all new systems there are some small teething issues.

Payment of Invoices –With the new system we will be sending out fortnightly reminders for overdue invoices. If you can please attend to these as soon as possible we would really appreciate it. If you are having issues paying invoices, please just send us an email so we can assist you. When putting through payments can you please write the **Invoice numbers** in the description line for the payment. This helps us to ensure we are assigning the payment to the correct invoice. It's small but will really help us out. If you are unable to do it when sending the bank transfer through feel free to send us a separate email which would also work for us and assist. Thank you.