



# News you can use

JANUARY 2023

## HELPFUL RESOURCES

### Transitioning to School

The raising children network have a great page on preparing for transition back to school.

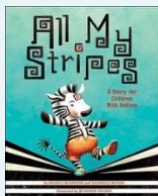
[Preparing for school](#)

### Centre Based Therapy

It's been great having families attend our offices in Warwick for their therapy sessions. Thanks for your patience with us while we got the signage organised. We have officially finalised this and look forward to you visiting us at 'Therapy Kin.' We have drafted a social story/cool report that you can use to support your child when visiting us for the first time, please see attached. Therapy Kin is the name of the shared offices in Warwick and represents your 'therapy family.' Our goal is to collaborate with support coordinators, speech therapists, psychologists and early childhood educators to provide you with the opportunity to have all your supports in a convenient location. We will not be hiring these professions, but rather operate in a collaborative space.

### Talking About Autism

Some families have recently asked us about how to introduce talking about Autism with their child. A good way to start is through picture books and stories. 'All My Stripes' by Shaina Rudolph is a great way to introduce Autism to your child between the ages of 4-8. The story is very affirming of each person's unique identity and focuses on positive self-identity.



## WHAT'S HAPPENING

### We are live!

Thank you for your patience while we get our website content ready. We are excited to share that it has been finalised and is active for you to visit. It has some general information for new families, but we are mostly excited for the resources tab which we will be updating monthly with useful documents, visuals and links to contemporary evidence-based practices. We would love your feedback, so please visit the site at the following link and share what we can do better or what you like.

[www.resilientkidstherapy.com.au](http://www.resilientkidstherapy.com.au)

### An Update From JJ

Thank you for all your support since the birth of our daughter Elsie. Emily and I are very grateful for your encouragement as parents and your patience when I have had to change or cancel appointments. This is Elsie and Molly together about a week ago.



As some of you may be aware, I currently work a six-day week (Mon to Sat). Unfortunately, this is not sustainable, and I have had to consider ways to manage my caseload. I am hoping to implement a 'rolling day off' which will mean I will have Sundays off and a different day each week. The impact it will have over 10 weeks is that each client will have 8 sessions instead of 10. I will be contacting all families over the next week to confirm term 1 appointments and will email a confirmed list of appointments. I understand this is not a perfect outcome for families but am hoping that we can hire another therapist in the coming six months to support with the workload. If you have any concerns or wish to discuss this with me, please email me or contact me on 0412 969 991

## MONTHLY TIPS

### Preparing for Successful Transitions

We can't quite believe it either, but school is two weeks away! To support with a smooth transition back to school you can start by talking with your child when they will go back, what year they will be in, where their class will be, which teacher they will have and which friends they will still be with. It's also helpful to ask to meet with your child's teacher within the first 4 weeks of school so that you can discuss the need for an IEP and agree on what goals you are working towards.

Were you have asked; we will be in touch with schools to offer support and help with the transition into the new year.