



News you can use



April 2023

HELPFUL RESOURCES

How to get the most out of the NDIS

The NDIS has opened many service options for families; however, it can be very hard to navigate, and it isn't always clear what options are available to you. Plan Managers are organisations that help you navigate the NDIS and some of the big providers have some great free resources that you can access to learn more about how you can get the most out of the NDIS. I have included some links to a few plan management organisations with helpful resources:

1. Plan Partners – what's happening in the NDIS articles [Autism e Book](#)
2. Provider Choice – helpful webinars and short clips to support using NDIS funding in the most effective ways <https://providerchoice.com.au/resources>

Easter Crafts Competition

If your child needs something to do over the holidays, why not encourage them to enter the Resilient Kids Easter Crafts competition. Simply choose one of the two free downloadable activity sheets and give them a go. Once you're finished you can either drop them into the centre or take a photo and email them in. We will be choosing the best alphabet writing worksheet and the best colouring in activity to win a LEGO prize. We will announce the winners in our May newsletter and deliver the prize to our winners during that month.

Alphabet: [Alphabet Craft](#)

Colouring: [Colouring Craft](#)

WHAT'S HAPPENING

Happy Easter!

We can't really believe how fast the year has gone, but we hope it was a great start and you are all settled in well at school. We have enjoyed touching base with teachers and setting up collaborative partnerships and look forward to a year in which your child thrives!



Expanding Our Team

We are currently in the process of interviewing for an Occupational Therapist to join our Resilient Kids family. We are looking to hire someone with experience and that would fit in well with you, our amazing families. Our plan is to transition new clients onto their caseload, so your child does not have to change therapist. However, to ensure we can provide the best possible service some clients may transition to the incoming therapist to even out caseloads. If this is a concern, please let us know and we will work with you to ensure you get the service you desire.

School Holiday Groups

Andy has been working hard in the background to develop a motor skills group that we will be running in the school holidays. At this stage the group will run from 09:00 to 12:00 on Tuesday the 11th and 18th of April. However, if there is a high demand, we will open a second group either on the Wednesday or Friday morning also. Please take your time to read the group information attached and complete the expression of interest form if you are interested in your child attending.

MEET GRETHA

Hi, I'm Gretha and my new role is to support JJ, Andy, and Tanya As the centre administrator. I will be helping Resilient Kids get ready to become NDIS registered and ensure our team complete the NDIS review process in a timely manner.



I was a high school language teacher for 12 years in South Africa and after immigrating to Australia with my husband and three boys, (JJ being my middle child) I worked as an ESL teacher, teaching English to overseas students, for 22 years. I loved working with people from different cultures and backgrounds. I also have experience in retail, customer service and office administration.

When I'm not at work, I love spending time with my family, especially the grandkids! I also love catching up with my close friends on my day off and I keep a mixed media journal to help me relax and keep me sane.

I'm really looking forward to meeting you all and getting to know you.