



News you can use

March 2023

HELPFUL RESOURCES

Scitech Sensory Friendly Session

Scitech will be hosting a sensory session on Saturday the first of April, 5pm – 8pm. This is a great opportunity to enjoy Scitech in a quieter and less overwhelming manner. For more information [Scitech Sensory Session](#)



How much is too much?

CliniKids Director Professor Andrew Whitehouse and Integration Project Manager Sarah Pillar explore one of the most common questions when it comes to support for autistic children – *how much is the right amount of therapy?*

[Clinikids Blog](#)



Yellow Ladybugs

I have recently been introduced to the Yellow Ladybugs webpage, an organisation dedicated to the happiness, success and celebration of autistic girls and women. They have some really great resources on their website that highlight how autistic girls may not present the same as boys as well as some resources for managing social and emotional challenges associated with masking. I have downloaded one of their resources and attached for you to this email.

[Yellow Ladybugs Website](#)

WHAT'S HAPPENING

Time Flies!

It's been a busy start to the year, and we wanted to continue to thank you for trusting us to work alongside your family and support your child to achieve their potential this year. We know schools have booked in IEP meetings and are in the process of finalising these, so please read the tips on how to prepare for this below.

Andy Says, "I Do" This Week

Hopefully you have started seeing the ever-growing grin on Andy's face as he gets ready to say "I Do" to his lovely fiancé, Tara. All the planning for the big day is done and they will be officially married this Friday the 17th of March (St Patrick's day). We wish Andy and Tara a very special wedding day and a long and fruitful marriage. As a reminder, Andy will be away from this Friday 17th March and will return on Monday the 27th of March. For any urgent matters while Andy is away, please contact JJ who will be happy to assist.

Welcome Gretha!

We are very excited to welcome Gretha, who has taken over all administrative duties and client liaison re: therapy supports. She will be working at reception 8am to 2pm every day except Wednesday. Gretha is currently supporting us to ensure we have accurate and up to date information for your child and an active service agreement and will be in touch if we need any information to achieve this. Tanya will continue to support with all invoicing related matters. They will share the accounts email address so that there is no need impact on you with regards to communication channels. Look out for a profile of Gretha in the next newsletter.

MONTHLY TIPS

IEP Planning Tips

We've had lots of conversations about Individualised Education Plans (IEP's) with families these past few weeks. In our experience the following has been helpful in making these meetings functional and less stressful:

1. Prepare for the meeting by writing down some of the goals you have for your child's education this year.
2. Write down and share what has been working for your child and what hasn't been working so well.
3. Encourage the school to link in with therapists for help or to individualise resources if needed.
4. Schedule a time for reviewing progress against the IEP during your meeting, otherwise you might forget.
5. Consider taking in an about me profile to help the teacher better understand your child and what you've been working on. We have found the template from Reframing Autism very helpful [About Me Template](#) (remember we can help with this if you'd like)